

Index & Handicap Changes

- 1 Your index changes after each formal competition game. The winner's index increases and the loser's index decreases by the same amount.
- 2 Your handicap changes as soon as your index reaches a trigger point shown in the table on the outside back cover of the index card.
- 3 In handicap singles games your index changes by 10 points per game.
- 4 In handicap doubles games your index changes by 5 points per game.
- 5 In level singles games the index change is per the 1st table on the inside back cover.
- 6 In level doubles play the index change is per the 2nd table on the inside back cover.
- 7 Index changes are the same for 7, 13 & 19 point games.
- 8 As soon as your index crosses a trigger point, your handicap changes to the next level - up or down.
- 9 If you have a losing streak, and drop back below the trigger point of, say 6, then your handicap remains 6 unless you drop down to the previous trigger point.

Extra Strokes

- 1 In a 13 point game the higher handicap player gets extra strokes equal to the difference between his/her handicap and that of their opponent. For 7 and 19 point games refer to the table on the outside back cover of the index card.
- 2 In doubles play extra strokes are calculated by subtracting the lowest handicap from the highest handicap of the opposing team, then halve the difference.

Repeat this for the remaining two opposing players. If both players of a team get extra strokes, one rounds up and the other rounds down.
- 3 No (hoop) point may be scored as a result of an extra stroke by the side that plays the extra stroke.

Sample score line

Date		Event	H	Sum	Opponent(s)	H	Sum	W/L	Chg	New Indx
H/L	D/S	Partner						Score		
7.11.18		SACA GC Nationals	2	6	Barney Rubble	6	9	W	+5	1845
H	D	Fred Flintstone	4		Alice Wunderbar	3		L	-5	

Index Changes in Level Singles Play

		Loser's Handicap																												
		-6	-5	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	14	16	18	20						
Winner's Handicap	-6	10	7	4	2																									
	-5	13	10	7	4	2																								
	-4	16	13	10	7	4	3	2																						
	-3	18	16	13	10	7	5	3	2																					
	-2		18	16	13	10	8	6	4	3	2									1										
	-1			17	15	12	10	8	6	4	3	2																		
	0				18	17	14	12	10	8	6	4	3	2																
	1					18	16	14	12	10	8	6	4	3	2															
	2						17	16	14	12	10	8	6	4	3	2	2													
	3							18	17	16	14	12	10	8	6	4	3	3	2	2										
	4								18	17	16	14	12	10	8	6	5	4	3	3	2	2								
	5									18	17	16	14	12	10	8	7	6	5	4	3	3	2	2						
	6										18	17	16	14	12	10	9	8	7	6	5	4	3	3	2	2				
	7											18	17	15	13	11	10	9	8	7	6	5	4	3	3	2				
	8												18	17	16	14	12	11	10	9	8	7	6	5	4	3	3			
	9													18	17	15	13	12	11	10	9	8	7	6	5	4	3			
	10														18	17	16	14	13	12	11	10	9	8	7	6	5	4		
	11															18	17	15	14	13	12	11	10	9	8	7	6	5		
	12																18	17	16	15	14	13	12	11	10	9	8	7	6	
	14																	18	17	16	15	14	13	12	11	10	9	8	7	
16																		18	17	17	16	15	14	13	12	11	10	9	8	
18																			18	17	17	16	15	14	13	12	11	10	9	
20																				18	18	17	17	16	15	14	13	12	11	10

Note: For blank squares use +/- 1 (top right) and +/- 19 (bottom left)

Index Changes in Level Doubles Play

Difference in combined handicaps	Larger handicap won	Smaller handicap won
0 to 3	5	5
4 to 7	6	4
8 to 11	7	3
12 to 15	8	2
16 or more	9	1

Index Changes in Handicap Singles Play

10 points

Index Changes in Handicap Doubles Play

5 points

Extra Strokes allowed in Handicap Games

Singles

Length of game	Handicap difference															
	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
19 point	0	1	3	4	6	7	9	10	12	13	15	16	18	19	20	22
13 point	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
7 point	0	1	1	2	2	3	3	4	4	5	5	6	6	7	8	8

Doubles

Half the above Singles value rounded up. If both players on same team get extra strokes, one rounds up and the other rounds down.

Trigger Points for Index Change

H	Trigger	No change	H	Trigger	No change	H	Trigger	No change
-6	2800	Over 2650	2	1800	1701-1899	10	1200	1151-1249
-5	2650	2501-2799	3	1700	1601-1799	11	1150	1101-1199
-4	2500	2351-2649	4	1600	1501-1699	12	1100	1051-1149
-3	2350	2201-2499	5	1500	1401-1599	14	1050	1001-1099
-2	2200	2101-2349	6	1400	1351-1499	16	1000	951-1049
-1	2100	2001-2199	7	1350	1301-1399	18	950	901-999
0	2000	1901-2099	8	1300	1251-1349	20	900	Under 950
1	1900	1801-1999	9	1250	1201-1299			

Please note

- 1 As soon as your index crosses a trigger point, your handicap changes to the next level - up or down.
- 2 If you have a losing streak, and drop back below the trigger point of, say 6, then your handicap remains 6 unless you drop down to the previous trigger point.